

Birthdays!

Happy birthday to our residents and staff celebrating in September and October.

Residents:

Joan Moss, September 20

Dorothy Ackfeld, September 21

Rosalie Toner, October 7

Shirley Meyer, October 23

Staff:

September: Tomekia Hearn, 9th; Gail Curl, 18th; Carrie Veach, 19th; Carol Heimburger, 25th

October: Julie Kovac, 26th

Get involved

We are always in need of enthusiastic volunteers to help with resident activities and special events.

Volunteer opportunities include leading morning exercise class, reading to residents, playing games and trivia, or visiting with them one-on-one.

To learn more about volunteering, visit maryculverhome.org and click on the "Get Involved" link. You can also email info@maryculverhome.org.

What a wonderful fall season it has been so far! Our annual **Fall Tea** was a fantastic afternoon filled with music, shopping, food and colorful decorations. It was the perfect way to celebrate the season together.

Thank you to everyone who came and to those who helped make it such a success!

As we move into November, we are looking forward to celebrating our amazing volunteers at our upcoming **Volunteer Luncheon** on Tuesday, November 18, from noon to 1:30 p.m. Their time, care and compassion mean so much to our residents and staff. We're also taking time in November to reflect on everything we're thankful for and looking forward to spending time with family and friends on **Thanksgiving**. Our dietary team is already preparing a special traditional Thanksgiving meal, and we can't wait to share in the warmth and gratitude of the day.



Executive Director Amy Lepper gets some help from Director of Nursing Ashley Coleman's daughter, Camila, to select the Fall Tea raffle winners. More photos appear on pages 2-3.

With the holidays just around the corner, we are hard at work planning our Christmas parties! Save the date for our **Resident Christmas Party** on Tuesday, December 16, from 2 to 4 p.m.!



Amy's Updates

Amy

Dining Services Director Terry Beals, right, demonstrates proper hand-washing techniques, while Executive Director Amy Lepper, below, discusses workplace violence.



Employee Health Fair

Activity Director Brooke Lorenz, right, goes over the visual impairment demonstration and resident rights with Angel, the day shift charge nurse, during the annual Employee Health Fair, which is held every September.



Flavors of fall

Two popular fall activities are bobbing for apples and Oktoberfest.



Above, Jenny stays dry by using tongs to bob for apples. At left, Pat samples pretzels and sausage during Oktoberfest.



Fall Tea takes place every October, and for the ladies, spending time with family and friends is a highlight of the event. Pictured are Rose Marie, above left, and her daughter, Jackie; Bobbi, above right, and her daughter, Teresa; and Virginia, right, with her son and daughter-in-law, Joe and Debra.

Fall Tea makes a splash

Snack cart donations



On behalf of the residents, Donna, left, accepts a generous donation of snacks from Jill Walter of the Bethesda Evangelical Church Women's Fellowship group and her husband, Bob. The group also made a financial contribution. Each fellowship member gets a chance to choose their charity, and Jill selected MCH. Bob is The Home's long-time bingo caller.



Lorraine is pictured with her children Connie and Eugene.



Mary, left, every year volunteers to polish silver for Fall Tea. Below, residents Josie, from left, Pat, Donna, Jenny and Janet visit with CNA Sandra.



At left, Director of Nursing Ashley Coleman enjoys Susan's company. Below, Karen and her daughter, Shawna, and granddaughter, Emily, sample the appetizers.



MCH board members Barb, left, Tom and Karen.



Scan to donate

To make a donation to The Mary Culver Home, scan the QR code using your phone's camera app. We are a 501(c)3 organization, so your donation may be eligible for a tax deduction. Thank you!



Fall Tea attendees rave about the food, atmosphere and pianist Joe Mueller.

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www.maryculverhome.org

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The mission of The Mary Culver Home is to provide visually impaired women with dignified, compassionate, holistic nursing care in a warm family atmosphere, as well as to promote security, confidence, and an excellent quality of life.

Cuddle buddies



Rosalie, left, gives chin scratches to Oliver, while Shirley pets Gunner. Whether they favor dogs or cats, the ladies all look forward to visits with the boys. Gunner goes home at night with Activity Director Brooke Lorenz, but Oliver is our lone male resident and stays in the office area overnight.

Wish-List Items

- ♣ Cookies for resident parties
- ♣ Penny auction items: body wash, toothpaste, scented hand lotion and body spray
- ♣ Happy hour beverages: Riesling and Pinot Grigio
- ♣ Kirkwood yard waste bags
- ♣ Birdseed
- ♣ A donor to fund a one-year, \$100 Audible subscription, so the ladies can continue to listen to their favorite audio books during book club meetings